



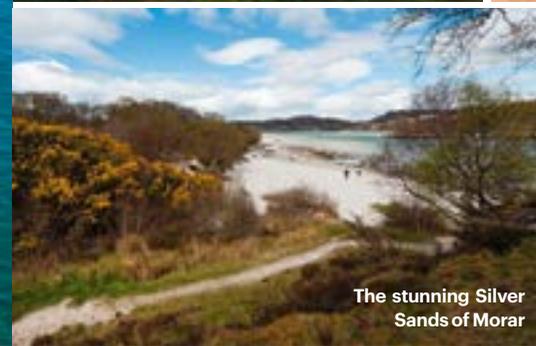
One of Cornwall's best-kept secrets – Lantic Bay



Set for sail at Scolt Head Island



The chalk stacks of Botany Bay



The stunning Silver Sands of Morar



Dunstanburgh Castle at Embleton Bay

Savour the
SUMMER
at the
SEASIDE



What better way to capture that carefree summertime feeling than with an impromptu trip to the seaside? If you fancy expanding your sand horizons, head to one of these lesser-known gems. Some are a little hard to reach, but that's what makes them so special

SANDESEND, YORKSHIRE

Whitby's less-famous neighbour, Sandsend, is a little village that sits alongside a sweep of sandy beach. Surfers will enjoy the waves on offer, while those looking for a more relaxing jaunt can hunt for fossils.

Don't miss: The collection of art at Turnstone Gallery.

BOTANY BAY, KENT

Awarded the coveted Blue Flag status last year, Botany Bay is a secluded sandy beach with striking chalk stacks.

Perfect for: Mini explorers looking for crabs and starfish in the rock pools.

SILVER SANDS OF MORAR, ARISAIG

As romantic-looking as the name suggests, this string of beaches boasts crystal clear turquoise water. You can make a weekend of it at nearby campsite, Camusdarach.

Popular with: Walkers.

EMBLETON BAY, NORTHUMBERLAND

This spectacular sweep of sand is made doubly dramatic by the ruins of Dunstanburgh Castle, which it lies beneath. Stop by The Ship Inn to sample real ale from its own microbrewery.

Look for: Bluebell blooms around the sand dunes.

MWNT BEACH, CARDIGAN BAY

Nestled alongside the Ceredigion coast in Wales, this spot came first in the *Daily Mail's* list of top 'secret beaches' in

Europe. A perfect place for dolphin watching, too. **Remember:** Steps down to the sand are very steep.

RAVENSHEUGH SANDS, EAST LOTHIAN

It takes a little effort to reach this rugged Scottish beach, but it's worth it. Backed by great sand dunes, it's an ideal spot for unspoilt views. **Take along:** The dog – this beach is pet-friendly.

WEST BAY, DORSET

Positioned on Dorset's Jurassic Coast, it's the backdrop of cliffs that glow red in the sun that make this seaside spot

particularly spectacular. If you're a fan of walking (and even if you're not) the nearby Golden Cap is definitely worth a visit. **Ideal time:** Sunset.

LANTIC BAY, CORNWALL

Cited as 'south east Cornwall's best kept secret', Lantic Bay looks like it's been plucked from the Mediterranean. **A good choice for:** Intrepid types – reaching the beach is described as a 'bit of a hike'.

PORH OER, SNOWDONIA

This petite National Trust beach is also known as

'Whistling Sands', due to the sound the sand granules make when you walk over them. The views on offer are incredible. **You can also try:** Diving, sailing and surfing.

SCOLT HEAD ISLAND, NORFOLK

One for wildlife lovers, this uninhabited tidal island is also a national nature reserve. You need to take the ferry from Burnham Overly Staithe to reach the island, but once there you can enjoy its rugged and beautiful sand dunes, salt marshes and seclusion.

Head there for: Some serious peace and quiet.



PHOTOGRAPHY: ALAMY; ISTOCK; SHUTTERSTOCK.

SOME SEASIDE ESSENTIALS...



1

Bright broken stripe bath sheet, £14

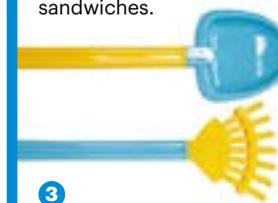
A must for warming up after a dip.



2

Blue stripe family cooler, £8

If you're heading off the beaten track, refreshments might be hard to find, so don't forget your sandwiches.



3

Sand tools, £2.50

Ideal for creative beach play, these accessories will give hours of fun.



4

3 in 1 sports set, £20

When the sun starts to set, warm up with a game of tennis, badminton or volleyball.

All available at [sainsburys.co.uk](https://www.sainsburys.co.uk).